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- a first circular disk having an inside planar surface and an outside planar surface;
- a second circular disk having an inside planar surface and an outside planar surface;
 - a body connecting the inside planar surface of the first circular disk and the inside planar surface of the second circular disk; and
 - a security device disposed on the roll core insert
 - wherein at least one of the outside planar surface of the first circular disk and the outside planar surface of the second circular disk comprises an engagement mechanism.
 - 2. The roll core insert of claim 1 wherein the body is a rectangular shape and contacts at least a portion of a diameter of the first circular disk and at least a portion of a diameter of the second circular disk.
 - 3. The roll core insert of claim 1 wherein the body is substantially cylindrical, having a diameter equal to or less than the diameter of the first circular disk or the second circular disk.
 - 4. The roll insert of claim 3 wherein the security device is disposed on an exterior surface of the body, which comprises an arc and is not flat.
 - 5. The roll core insert of claim 3 wherein the body is a solid cylinder.
 - 6. The roll core insert of claim 5 wherein the solid cylinder defines channels.
 - 7. The roll core insert of claim 1 wherein the engagement mechanism is a tab.
- 1 8. The roll core insert of claim 1 wherein the security device is an electronic 2 surveillance security device.
 - 9. The roll core insert of claim 1 wherein the security device is a radio frequency identification device.
- 1 10. A method of using a roll core insert, the method comprising the steps of:
- providing a roll core insert of claim 1; and
- inserting the roll core insert into a roll.
- 1 The method of claim 10 wherein the roll is a paper roll or a plastic roll.